



# Overnight Camp Packing Checklist

## **BEDDING/ LINEN**

- Pillow
- Fitted sheet (twin size)
- Sleeping Bag
- Extra Blanket
- Washcloth
- Bath Towel
- Beach/Pool Towel

## **TOILETRIES**

- Shampoo
- Conditioner
- Soap/ Body Wash
- Hair Brush
- Toothpaste
- Toothbrush
- Sunscreen
- Deodorant
- Hygiene Products

### **MEDICATION!**

These should be packed separately and given to staff at drop-off.

## **CLOTHING**

- Pajamas
- T-Shirts
- Long Sleeve Shirt
- Sweatshirts
- Shorts
- Pants (sweats/jeans)
- Socks
- Underwear
- Swimsuit (recommend 2)
- Raincoat
- Sneakers
- Water Shoes (we have some available to borrow if needed)
- Other Light Shoe (i.e. sandals or Crocs)

\*Note: Temperatures can average from 60° to 90° F. We recommend packing layers.\*

## **MISCELLANEOUS**

- Flashlight
- Personal Item: Family photo or stuffed animal
- Book, journal, or drawing pad
- Money for Camp Store: Money is not necessary, but our Camp store will be open with Camp apparel for purchase (ranging in \$5 - \$35).

**Prohibited Items:** Digital devices (i.e. tablets, iPods, smartwatches, cell phones, or cameras), personal sports equipment, and weapons, or explosives of any kind. We strongly discourage bringing items of high personal or monetary value as Camp Good Days is not responsible for stolen, lost, or damaged items.