

Prostate Cancer Retreat 2026

Our Program

8:00–9:00am	Breakfast
8:30–9:00am	Opening Remarks James McCauley, Director of Clinical Operations, Camp Good Days and Special Times
9:00–9:30am	Update on Screening, Biopsy, & Surgical Treatment of Prostate Cancer Anees Fazili, M.D. Urologist, Center for Urology, Rochester Regional Health
9:30–10:00am	Genetic Testing for Prostate Cancer Phillip Rappold, M.D., Ph.D., Assistant Professor of Urology, University of Rochester
10:00–10:30am	Focal Therapy for Prostate Cancer Thomas Frye, D.O., Associate Professor of Urology & Oncology, University of Rochester
10:30–11:00am	High-Risk Disease and Recurrence: Current Management Strategies Alexis Steinmetz, M.D., Assistant Professor of Urology, University of Rochester
11:00–11:30am	State of the Art and Future of Prostate Cancer Jean Joseph, MD, MBA, FACS, FRCS, W.W Scott Professor & Chair, Department of Urology, URM
11:30–12:30pm	Lunch
12:30–1:15pm	Pelvic Floor Therapy & Surgical Treatment of Incontinence Jennifer Morrin, MSPT, PRPC Co-Owner & Physical Therapist, Evolve Physical Therapy of Rochester
1:15–1:45pm	Diet and Nutrition During Prostate Cancer Treatment Jordan Wood RD, CDN, CDCES, Dietician Care Manager, Excellus BlueCross BlueShield
1:45–2:15pm	Survivorship Chunkit Fung, MD, Professor Hematology/Oncology, Department of Medicine, URM
2:15–2:45pm	Mental Health Sindhuja Kadambi, M.D., M.S., Associate Professor, Department of Psychiatry
2:45–3:15pm	Sexual Health Gareth Warren, MD, Assistant Professor of Urology, University of Rochester Medical Center
3:15pm	Closing Remarks Drs. Jean Joseph & Rajat Jain